



TEST POSITIVE
AWARE NETWORK

Publishers of



POSITIVELY
AWARE

TPAN Yoga

Instructor: Rudra Dundzila



Free to clients, staff, volunteers

Begins April 1, 2011

Fridays, 3:00—4:00 PM

Mats Provided.

**Wear comfortable clothing and
bring water bottle.**

**Space is limited to 10 participants per session. Call Billy at 773.989.9400 ext.
232 to reserve your spot.**