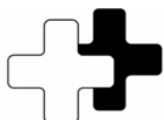




You will learn to:

- Eliminate or reduce sexual transmission risk behavior
- Improve coping with the combined stressors of HIV infection and child sexual abuse
- Increase positive change in trauma symptoms
- All in a safe, supportive atmosphere!

LIFT is a FREE service to support those infected by HIV



Test Positive Aware Network

TEST POSITIVE AWARE NETWORK

Publishers of

Phone: (773) 989-9400
For LIFT- Ask for Paul
www.tpan.com



POSITIVELY AWARE

5537 N. Broadway
Chicago, IL 60640

How to find us:



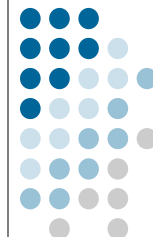
TPAN's office, where many of our services are offered, is easy to reach from throughout Chicago. Our office is located on the **CTA Broadway Bus Route #36** and less than a block south from the **Bryn Mawr** stop on the **CTA Red Line**.



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Living In the Face of Trauma



TEST POSITIVE AWARE NETWORK

LIFT:
A group-level coping intervention for HIV positive survivors of sexual abuse

Fill out this form or call us at the number below and one of our staff members will help get you started in our LIFT program!

The LIFT Program at TPAN



Living In the Face of Trauma

- LIFT is a group-level coping intervention for HIV-positive persons who are survivors of childhood sexual abuse.
- The intervention consists of fifteen 90-minute sessions delivered to same-gender identified groups
- The LIFT intervention provides participants with coping tools to assist them in identifying and addressing their experiences and issues related to HIV infection and sexual trauma.

Participants will improve their:

- Problem Solving Skills
- Communication Skills
- Risk-Reduction Skills
- Cognitive Reformation
- Relaxation techniques to improve coping
- Ability to reduce HIV sexual transmission



Name: _____

Address: _____

Phone: _____

Best Time to Call: _____

Is it ok to leave a message (check circle)?

E-mail: _____



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