



A DAY WITH HIV

Everyday moments in extraordinary lives

9/22/2017



POSITIVELY AWARE

HIV TREATMENT, PREVENTION, AND SUPPORT FROM **TPAN**

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positivelyaware.com

Everyday moments in extraordinary lives

ON FRIDAY, SEPTEMBER 22ND, 2017, people in 11 countries on five continents snapped their photos during the same 24-hour period for **A Day with HIV**, POSITIVELY AWARE magazine's anti-stigma campaign. Over the course of its eight years, it has become an annual opportunity to post pictures while sharing personal stories of resilience, perseverance, and support in the face of HIV.

The message behind A Day with HIV is simple—we're all affected by HIV and the stigma sometimes associated with it. To make its point, the campaign captures a single 24-hour period—September 22, this year—by inviting people to photograph a moment of their day. Participants are asked to include the time and location along with a caption explaining what inspired them to take their picture. While uploaded to the campaign's website (adaywithhiv.com), many other pictures were posted on social media with the hashtag #adaywithhiv.

For Melissa Baker, it was a mother's love as her daughter walked to school. "Watching how the sun shines on her," she wrote. "Just another day for me living with HIV, and her without it."

This year's event was marked by the participation of a number of advocates and activists from various HIV service organizations and other groups, such as the HIV Vaccine Trials Network in Seattle; the Terrence Higgins Trust in England; Hope and Health in Orlando; and the Frannie Peabody Center in Portland, Maine. Evany Turk submitted a photo taken during a meeting of a women's leadership training: "We are a group of women living with HIV, and allies, who are trying to improve the landscape for other women living with HIV in the Dallas-Fort Worth area."

Ten other countries, in addition to the United States, were

represented this year. An HIV counselor in Manila, capital of the Philippines, submitted his photo after a long day. An HIV long-term survivor from South Africa posted a photo with his dog. Felipe, a young man, posted on Instagram a picture of himself, facing the mountains in Brazil.

Some photos took a creative approach. Michael Buitron portrayed the group hug at the end of The LGBT Center of Long Beach's newly-diagnosed group by photographing the circle formed by members' feet. Damone Thomas offered a painterly picture of himself preparing for work as an HIV counselor. Some of the staff at Latinos Salud in Miami recreated Leonardo da Vinci's *The Last Supper*—with pizza.

"Humor has always gotten me through the hard parts of living with HIV," said Josh Robbins, of Knoxville, Tennessee, who has shared his own life with HIV on his blog, I'm Still Josh, as he mugged for the camera.

But A Day with HIV isn't always about smiles and happy people. Some of the photos submitted serve as reminders of the stigma some people face.

"I live in a small community in southwest Washington State, where the stigma is so heavy," wrote Maggie in her caption. "I spend most of my days feeling isolated. I want to post something upbeat for A Day with HIV but for me, I feel loneliness and fear... In the small pockets of time when I get to connect with my positive community, I feel love and acceptance, but those times are so few and far between."

But A Day with HIV is also a day for hope. As Maggie added, "I took this picture holding the hand of my granddaughter on our way to the park. I believe that she won't know a world that has a stigma attached to HIV."

Let the day begin.

—RICK GUASCO

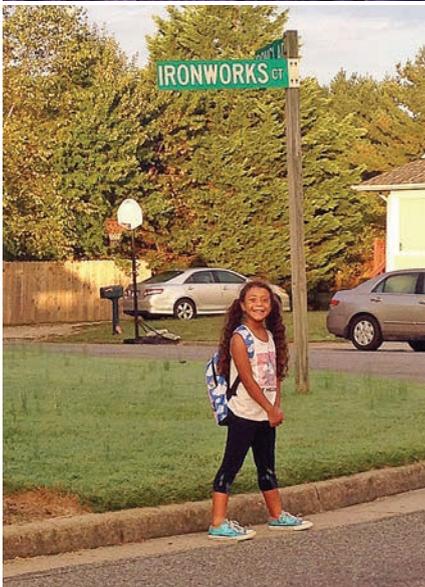
7:00 AM: >
**NASHVILLE,
TENNESSEE**

Larry Frampton: This picture was taken in my office at the ASO I work at as the Public Policy Director. I just had my breakfast and took my meds and am now ready to start with my day. This is my daily routine, and as a long-term survivor of HIV, I find it easier to try to be consistent in my routine.



8:10 AM: >>
**WASHINGTON,
D.C.**

Nancy Duncan: Getting ready to attend day two of the ADAP Advocacy Conference in Washington, D.C. I'll be 60 years young next month and didn't think I'd make it to 40! Just another day with HIV! #grateful



7:22 AM: >
**MECHANICSVILLE,
VIRGINIA**

Melissa Baker: Watching how the sun shines on her. Just another day for me living with HIV and her without it.

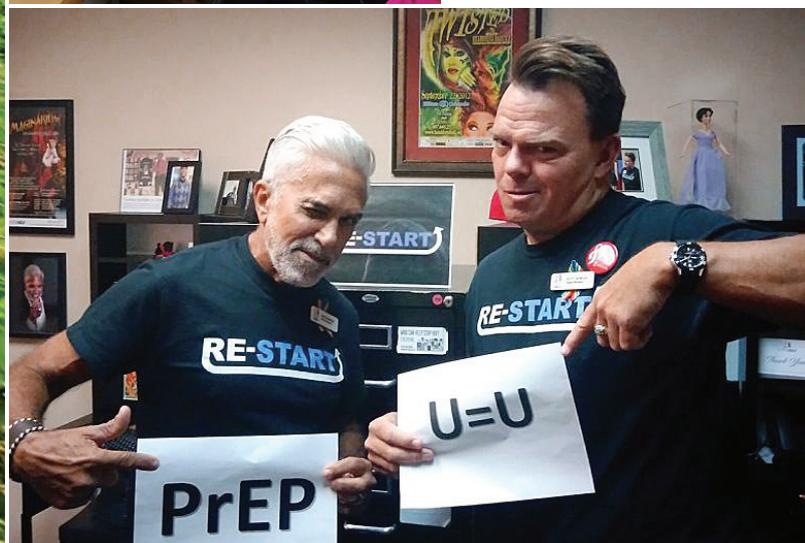




<< 8:10 AM: AMERSFOORT, THE NETHERLANDS
Eliane Becks Nininahazwe: On my way to Den Haag [The Hague] to get my visa so I can travel to Burundi, where I will provide HIV education to the indigenous Batwa people.

< 8:10 AM: SAN FRANCISCO, CALIFORNIA
Hank Trout: As a writer and editor-at-large at A&U magazine, I give voice to the unexpected consequences and challenges as well as the joys of being a long-term HIV/AIDS survivor.

v 8:50 AM: ORLANDO, FLORIDA
Steve Addona: I'm the guy with the silver hair. Next to me is my co-facilitator of RE-START, Scott Bowles. We are peer specialists at Hope and Help, Central Florida's oldest and largest HIV organization.



9:27 AM: >

**RICHMOND,
SOUTH AFRICA**

Michael Drysdale: With the love of my life, Fronsie. I am a 22-year long-term survivor.

Fronsie, my “pitbull x bull-terrier,” is my angel who lives every minute of every day with me. She is my saviour—without her unquestioning love and devotion I would not survive. I’m one of the 5% of people who suffer very badly from ART, but she doesn’t mind the terrible side effects that I have to live with.



9:30 AM: >>

**BALTIMORE,
MARYLAND**

Mark S. King: My dear friend Edwin J. Bernard, an HIV criminalization reform advocate, visited me from England. I am grateful that HIV activism has brought me such wonderful friends.

9:30 AM: >>

PETERSBURG, VIRGINIA

Michelle Anderson-Morrison: Simply because I can overcome the negative connotations of what HIV looks like and what I can do when I decide to live beyond my diagnosis and societal standards of beauty.





<< 10:00 AM:
MAXTON, NORTH CAROLINA
Billy Eugene Willis III: Got my passport! I'll be an honorary Youth Ambassador to Honduras with Youth Across Borders out of Ohio, but today I'm just a North Carolina millennial on his way to work.

< 10:00 AM: AUSTIN, TEXAS
Cynthia I was a guest on a community radio talk show; the topic was, "Women, HIV and Aging."

∨ 10:00 AM:
BOSTON, MASSACHUSETTS
AIDS Clinical Trials Group:
Clinicians take part in a brainstorming session at Brigham and Women's Hospital in Boston. From left: Jon Li, MD; Davey Smith, MD (via video conference from San Diego); Cheryl Keenan, RN; and Paul Sax, MD.



10:00 AM: >
**STATEN ISLAND,
NEW YORK**

Jack R. Miller: Living life to the fullest as a working actor in NYC with over 25 years diagnosed with HIV/AIDS.



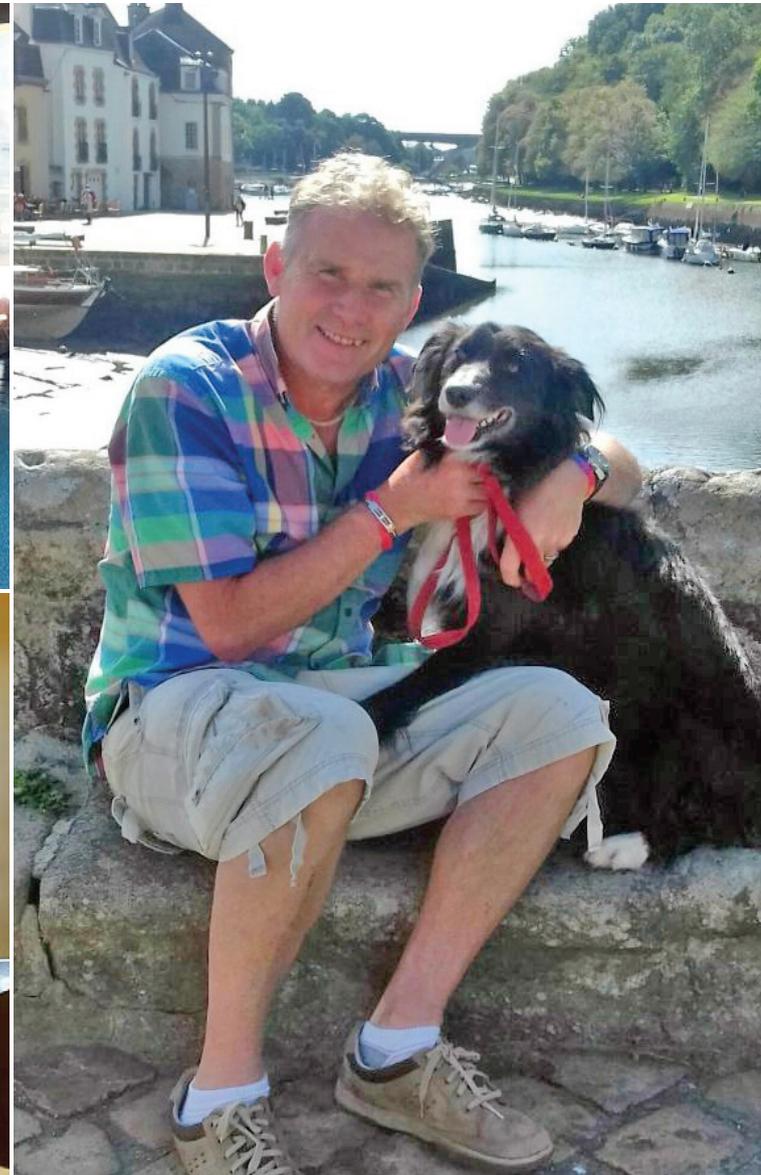
10:15 AM: >>
**AURAY,
BRITTANY; FRANCE**

Kevin Kelland: Our visibility is important to disarm and eradicate stigma! On holiday in Brittany, France from the UK, where we live. My photo was taken with our collie Harvey; my husband Steve took the pic. A few years back, I never would've believed of being so publicly out with confidence and courage. HIV has given me a strong emotional drive!



10:15 AM: >
**RIDGELAND,
MISSISSIPPI**

Marcus McPherson: A day with HIV involves not letting HIV stop me from helping others, and working hard to change the statistics regarding HIV diagnosis rates among communities of color.

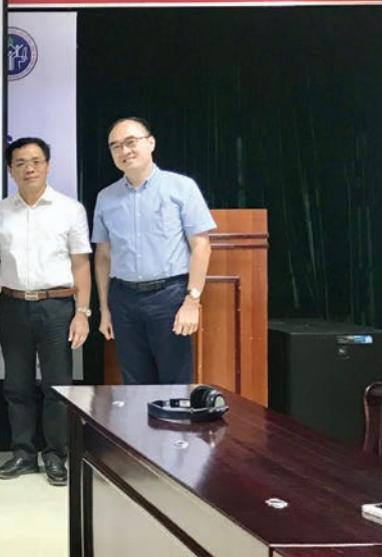




ĐẢNG CỘNG SẢN



VINH MUÔN NĂM.



∩ 10:30 AM: ORLANDO, FLORIDA
Harry Wingfield: Once again, I am at work on A Day with HIV. After being diagnosed with AIDS in 1990, and spending 12 years on disability, I regained health with combination treatment, and started working full time in research administration. When I'm not at work, I'm in my garden, at Disney with my husband, reading, or writing. I'm currently writing my memoirs, and am on the chapter where I get my AIDS diagnosis. The working title is "Closets." Posting like this makes sure I stay out of them!

^ 10:30 AM: KNOXVILLE, TENNESSEE
Milo: Your fear of stigma is part of the illness.

< 11:00 AM: HANOI, VIETNAM
Joe Tucker, MD: Celebrating the fantastic five finalists in the Hanoi Medical University's "Meaning of Recovery" crowdsourcing contest.

11:02 AM: >

**HUNTINGTON BEACH,
CALIFORNIA**

Alexander Smith:
Yoga sings to my mind
and challenges flexibility.
In Dancer's Pose, I open
my heart into a rhythm
of compassion, and
playfully invite myself
to move one day at a
time, and groove with
gratitude and passion
for life! May I share my
music, gifts, and talents
with others, and invite
them to contribute their
melody to the universal
symphony.



11:05 AM: >>

ATHENS, GEORGIA

Hannah: Discussing the
results of a survey on
stigma and HIV at our
staff meeting!

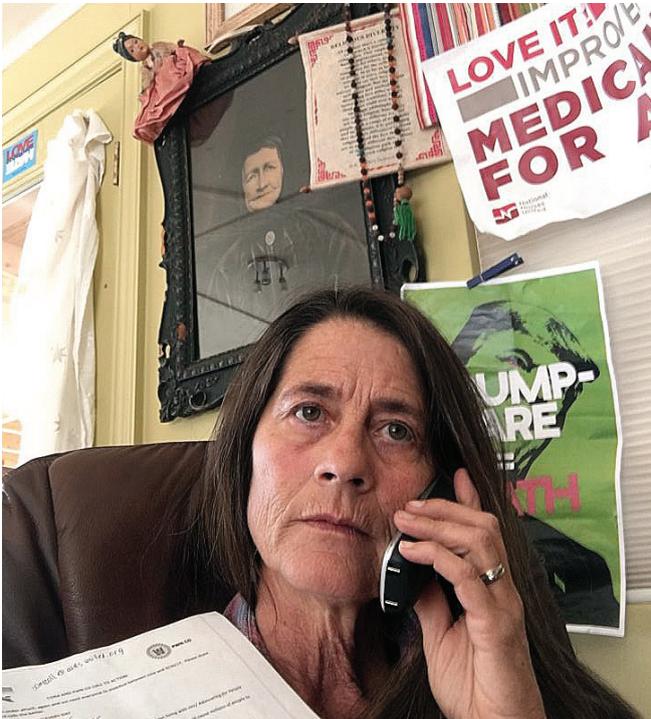


11:05 AM: >>

CRAWFORD, COLORADO

Laurie Priddy: Calling
congressional offices
to save the ACA. My
heart is breaking that
we are still fighting for
accessible healthcare.

We must all ACT UP
and fight back!





< 11:11 AM:

NEW ORLEANS, LOUISIANA

Eryck Dillard: I took this picture in my office. Though I'm not living with HIV, I can directly relate because this is my community, A day has never gone by that I haven't fought for my brother, sisters, and gender non-conforming persons who are living with HIV. This is our movement and this is our liberation!

✓ 11:30 AM:

PHILADELPHIA, PENNSYLVANIA

The hassle behind taking your meds and sticking to your regimen become less stressful when you incorporate them into your daily routine! ✓ Brush teeth, ✓ shower, ✓ lotion ✓ take meds, ✓ beard conditioner... on with my day!





12:38 PM: LOS ANGELES, CALIFORNIA

Damone Thomas: As an HIV counselor, a typical day with HIV is preparing the testing lab and being equipped with information for clients: how they can reduce their risks without shame or discrimination in an effort to lower the transmission of HIV and other STIs, and if they are positive, to get them linked to treatment and care immediately.



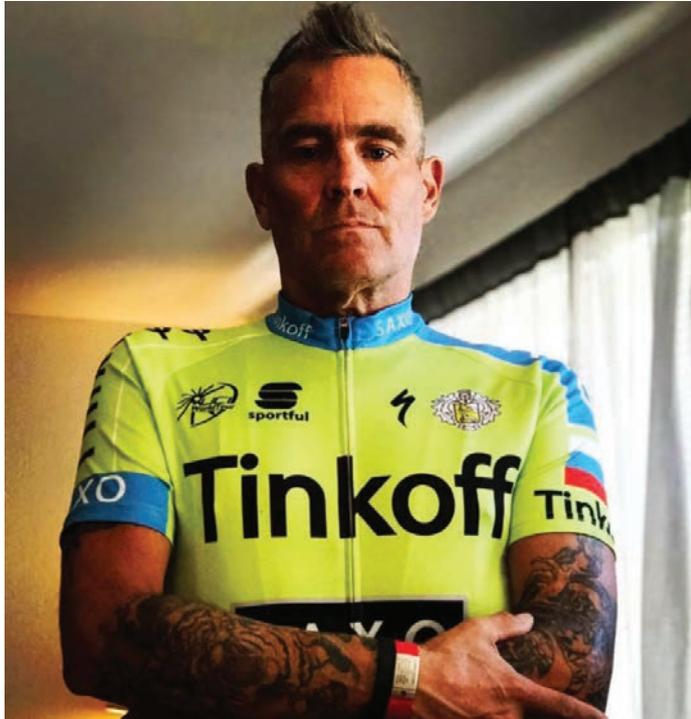
1:00 PM: SEATTLE, WASHINGTON

HIV Vaccine Trials Network: Here is part of the team working on HIV at the Fred Hutch, home to our Network, where today we had our monthly cross-team meeting of folks working on a cure and a preventive vaccine; folks at Hanc Programs, who coordinate across the research networks; and the great administrative teams who help us with marketing, communications, and fundraising. With Louis Shackelford, Gail Broder, Brian Minalga, Uw Actu, Wakefield Steven, and Nina Elizabeth.

1:00 PM: >

**DEERFIELD BEACH,
FLORIDA**

Zee Strong: Stronger
than stigma. More
powerful than HIV.



1:00 PM: >>

WASHINGTON, D.C.

Masonia Traylor: A Day
with HIV for me means
being in spaces using
MY VOICE, to talk about
my body and my life for
the #InOurVoice panel
on Black women and the
Reproductive Justice
Framework.



1:15 PM: >

DALLAS, TEXAS

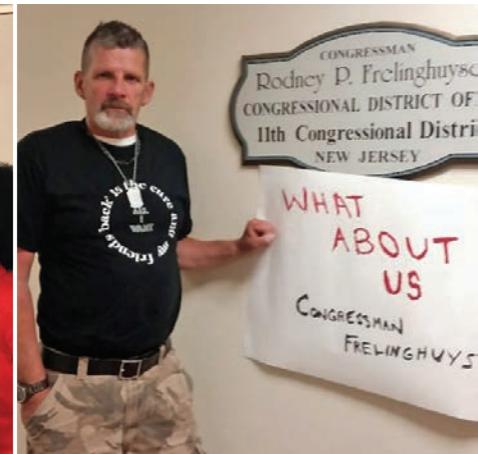
Evany Turk (center, in
pink): HIV Women's
Leadership Training
sponsored by Gilead. We
are a group of women
living with HIV, and allies,
who are trying to improve
the landscape for other
women living with HIV
in the Dallas-Fort Worth
area.



1:15 PM: >>

**MORRISTOWN,
NEW JERSEY**

Ed Barron: Visiting
Congressman Rodney
Frelinghuysen's office.





**<< 2:00 PM:
BELO HORIZONTE,
BRAZIL**

Felipe: On the edge of a high cliff. Never be afraid to live! Live every second with no fear!

**<< 2:00 PM:
LONDON, ENGLAND**

Ian Green: As CEO of the Terrence Higgins Trust, and someone living with HIV, I am participating in #ADayWithHIV. My friend Bu is one of the office dogs.

**<2:06 PM:
SEATTLE, WASHINGTON**

S Wakefield: I was fortunate to be involved with gay men's health before we had HIV. The relationships established at TPAN have sustained me with the "committed to living" motto over my desk each day. To those who have shared this journey, U=unbelievably wonderful.

2:24 PM: >

SEATTLE, WASHINGTON

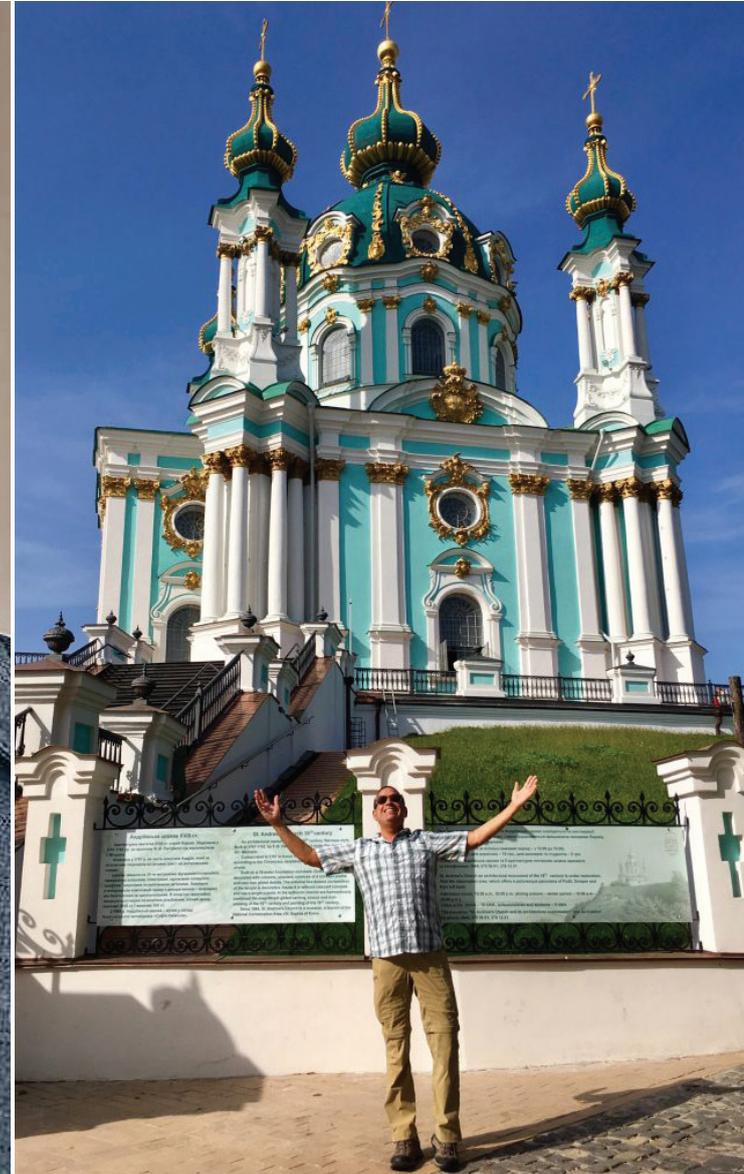
TJ Elston: As I celebrate my 48th birthday today (the 18th being HIV-positive), I can still identify all of the blessings that being HIV-positive has given me. I didn't always believe that, but by educating myself and others to help erase the stigma, participating and volunteering in various support groups. I am president of POZSeattle and have recently joined The Reunion Project. I am grateful I get to love, laugh, and live, one day at a time.

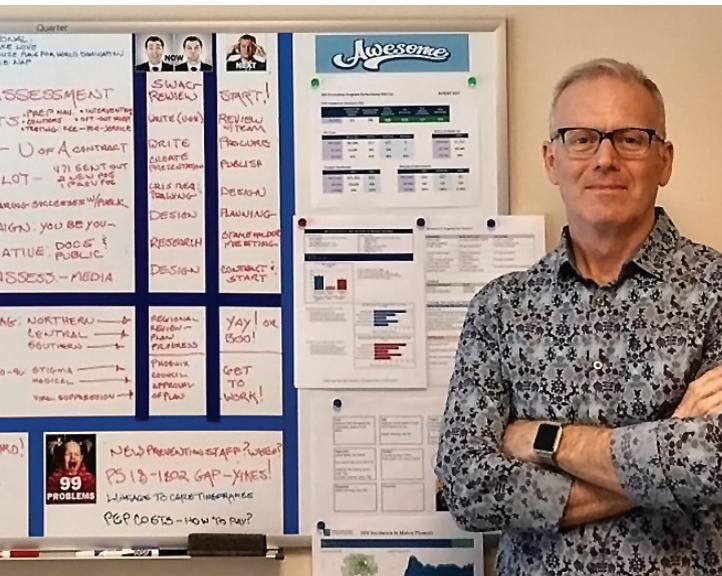


2:26 PM: >>

KIEV, UKRAINE

Andrew at St. Andrew's in Kiev! Here for the 2017 European AIDS Treatment Group (EATG) General Assembly during the group's 25th anniversary. I was fortunate to find the EATG 20 years ago, right after I found out that I was living with HIV; being involved with the group saved my life.





<< 2:30 PM:
PHOENIX, ARIZONA
 John Sapero: I've been living with HIV for 28 years—the past five, leading an awesome team of staff and volunteers to end the HIV epidemic in Arizona. Every weekday, I take my meds, drive to the office, look at this board, and get to work.

<< 2:35 PM:
SEATTLE, WASHINGTON
 Tranisha Arzah, Nicole Price, and Alora Gale-Schreck: A Day with HIV for the BABES-Network YWCA staff team (missing one) usually consists of plugging away on our computers, going through member files, and most important, connecting and supporting HIV-positive women in our community. We work from the belief that people living with HIV are uniquely qualified to understand and encourage one another. Peer support has proven to keep PLHIV, especially women, more engaged in medical care and adherent to their medications!

< 2:50 PM:
PASADENA, CALIFORNIA
 Carlos: I just so happened to have my meds delivered at work! Woot!





3:00 PM:
ATLANTA, GEORGIA
Shyronn: Homework time
for my kindergartener.



<< **3:00 PM:**
MACON, GEORGIA
Vannetta Ferguson:
I am not my HIV;
30-plus years!

<< **3:00 PM:** **PALM SPRINGS, CALIFORNIA**
Nikki Martinez: Our Walgreens team at Desert AIDS Project has been serving with pride to keep our HIV Community happy and healthy for 14 years!

< **3:10 PM:**
CHARLOTTESVILLE, VIRGINIA
Shawn Decker: Celebrating 30 years since my HIV diagnosis at age 11. My loving partner, Gwenn, took this photo at one of our favorite coffee shops. I wanted to write "A Day With HIV" on the their chalkboard so that, when I leave, the next person who sits down will see it. I wonder what they'll think.



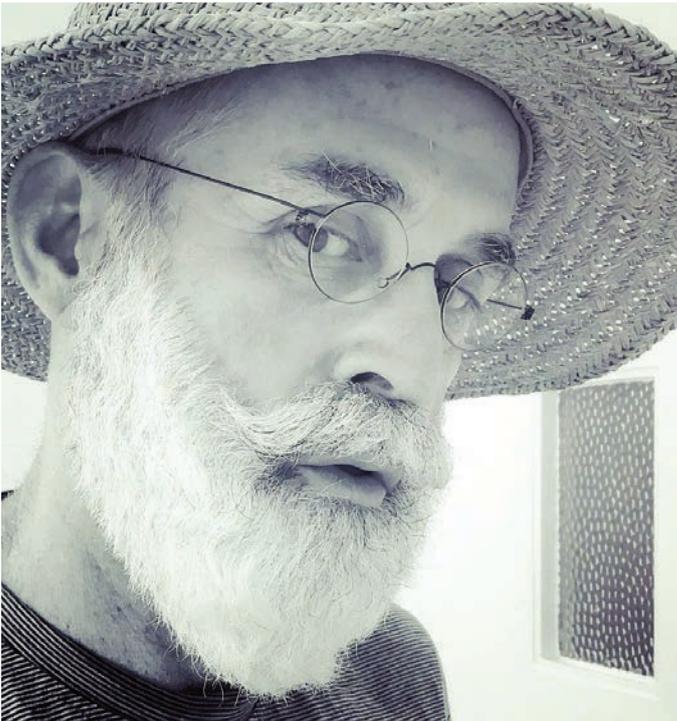
< **3:25 PM:**
HOUSTON, TEXAS
Ruth: I have been living 21 years with HIV, nine years undetectable. I awake and choose the outcome of my day. I choose a walk to the park. HIV tags along. I choose to visit friends. HIV just follows behind. I choose to shop, I choose the gym, I choose what to eat, where to go, where to live. Hello again, remember me? Today, I chose my destiny—not HIV. It has no choice.





<< 3:00 PM:
SEATTLE, WASHINGTON
Anthony Adero Olweny:
Being a peer navigator
living with HIV, living with
HIV is almost like a day-
to-day testimony that
HIV treatment works.

< 3:00 PM:
SOUTHWEST
WASHINGTON STATE
Maggie: I want to post
something upbeat for
A Day with HIV but for
me, I feel loneliness
and fear... In the small
pockets of time when I
get to connect with my
positive community, I
feel love and acceptance,
but those times are so
few and far between.”



∩ 3:30 PM: BRIGHTON, EAST SESSEX; UNITED KINGDOM

Rob Hammond: Sue Riley had been interviewing me for RadioVerb to promote the HIV Peer Mentoring Project, which I run for The Sussex Beacon, a HIV charity based in Brighton. The interview was to recruit trainee volunteer mentors and possible mentees.

< 4:05 PM: MORAY, SCOTLAND

Efrén: I had wanted to visit Findhorn Garden in Scotland since I was a boy. I finally made it at age 57! I have been HIV-positive since 1986, and am grateful for each chapter of this life.

^ 4:11 PM: NEW BRUNSWICK, NEW JERSEY

Robert Breining with Rebecca Bissell Genin and Kevin Maloney: Visiting the Johnson & Johnson Museum. Learning the fascinating history of this amazing company was definitely a highlight of the Global Citizen Festival 2017.

4:22 PM:

SAN FRANCISCO, CALIFORNIA

Jésus Guillen: As an HIV-long term survivor, I have many beautiful moments, but also some very painful ones. Every day, learning to live and enjoy the moment; a moment after that, I never know. For the instant, a jump of life.



4:28 PM: >
DENVER, COLORADO

Davina Conner (Positively Dee): In my backyard, enjoying the sun. Happy to be living my life! Do something amazing and live to the fullest. HIV is not a death sentence; the stigma ends with me. Undetectable = Untransmittable

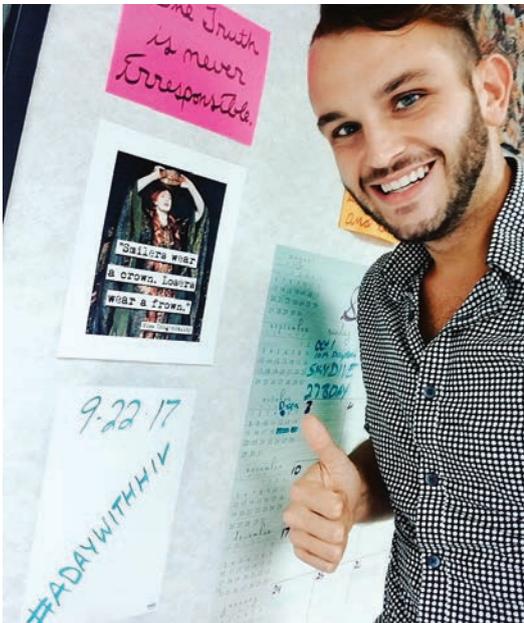


4:40 PM: ↘
TOLEDO, OHIO
CO Stobinski: Getting ready for the weekend next to my desk at work.



4:45 PM: >>
BRIGHTON,
EAST SUSSEX;
ENGLAND

Tony Reeves: Just bought cinema tickets to see "God's Own Country." HIV has been around all my adult life; I lived through the worst of times, losing many friends. I was diagnosed in 1990 and didn't think I'd live to see 40; I'm now 54. Four years ago, I lost my boyfriend of 22 years; he'd been poz since the mid-'80s. I love every day that I am alive! I live and enjoy my life for my friends and my lover who didn't make it through. I take my meds and do my best to keep healthy. HIV is part of me, it doesn't rule me.





**<< 5:42 PM:
PHILADELPHIA,
PENNSYLVANIA**

Andrena Ingram: A lot has happened in a year. I had a pacemaker/defibrillator implanted and am currently living with a heart performance percentage of 20%. My church closed its doors due to financial issues, and I am currently adjusting to living a new normal. I just came from a morning of hanging out with a friend. I'm contemplating the future possibility of a mechanical heart. They don't do heart transplants on persons with HIV.



**5:34 PM:
BROOKLYN, NEW YORK**
Karina Fomicheva: Implementing healthy choices to my diet; I just got a blender, so there are also tropical mix smoothies (mango and strawberries). Wishing everyone Shana Tova (I am Jewish; it's the Jewish New Year this week). The weather is beautiful; I love sitting on my fire escape during a warm moment like this.

**< 5:35 PM: MANILA,
THE PHILIPPINES**
"Yomi": After a long counseling session with a client, the day is finally over. Living with HIV does not stop with your diagnosis, especially if you want to make a difference, like helping at a treatment facility. Give hope to those who are newly diagnosed.





6:00 PM: MIAMI, FLORIDA
Alessandro Pino, Andre Ampudia,
Matthew Phelps, Andres Sosa,
Yoel Moreno, Nicholas Ferrera,
Alejandro Suarez of Latinos Salud:
HIV doesn't discriminate; good
thing pizza doesn't either!

6:00 PM: >

DOHA, QATAR

David Duran, 37:
Eight and a half years
HIV-positive, 8 years
undetectable, and 5
years since I made a
life change, quit my
job, and began traveling
full-time as a freelance
writer. I've now been to
more than 70 countries
and all seven continents,
and nothing, including
my HIV status, is going
to slow me down.

6:31 PM: >>

BROOKLYN, NEW YORK

Lillibeth GonzaLez:
Diagnosed 25 years
ago. Out and about in
Brooklyn, enjoying the
wonderful weather.
Informing people
about preventative
measures: PrEP,
PEP, antiretrovirals,
staying undetectable,
and healthy with
HIV. I'm unstoppable.
#Undetectable for
10 years.





6:36 PM: >

LAS VEGAS, NEVADA

Deral Takushi: Enjoying the golden hour and feeling amazing.

7:00 PM: >>

CARLINVILLE, ILLINOIS

Joshua Damm: Every day is a battle, but just looking at my tattoo reminds me that I'm not fighting alone. And I refuse to let others fight this battle alone.

7:08 PM: >>

ORLANDO, FLORIDA

Carlos: These pills and my positive status do not make me any less human, less of a son, less of a brother, less of a friend.



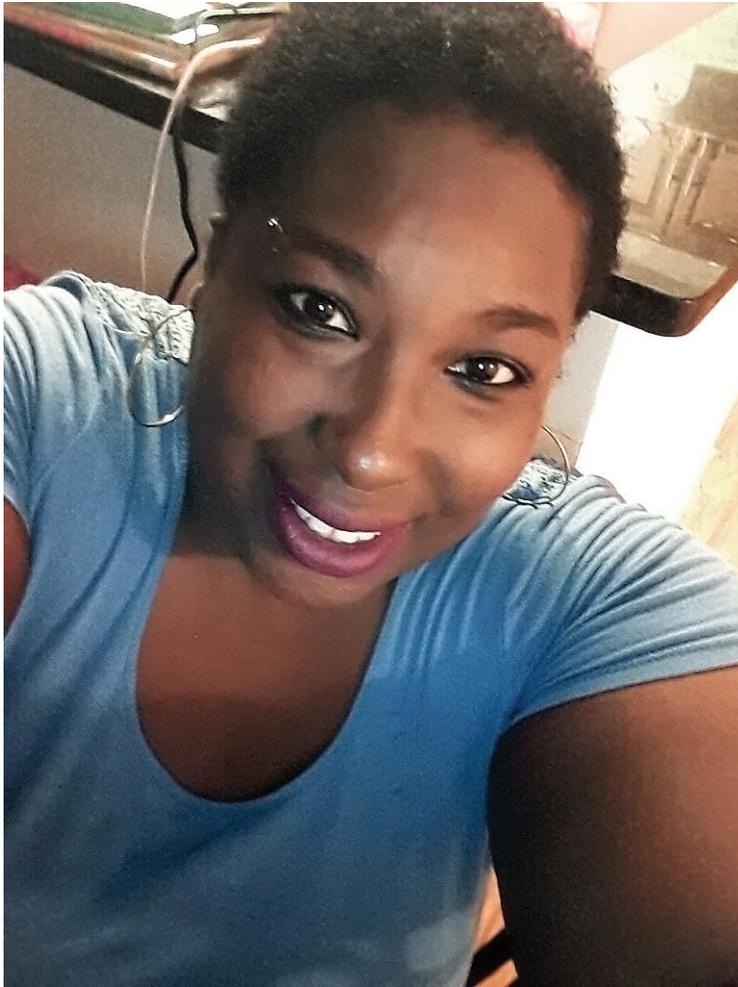


< 7:15 PM: NASHVILLE, TENNESSEE

Josh Robbins: Humor has always gotten me through the hard parts of living with HIV.
#stayPositive

^ 7:35 PM: KINGS MOUNTAIN, NORTH CAROLINA

Juan: 10,220 days living with HIV = 28 years.
Diagnosed in 1989 at age 23 in Mexico City. After I was diagnosed, I dropped out of college because I was told I should go home to die. But I was one of the lucky ones to survive. Now I am undetectable, healthy and love to share my story.



8:01 PM: STATEN ISLAND, NEW YORK

Sharell: Still able to smile while living with HIV. I have a very supportive family and great friends. I take my medication Odefsey once a day.



8:28 PM: NEW YORK, NEW YORK

Charles Sanchez: At a rehearsal studio in Manhattan, after a day of meetings and rehearsals for season 2 of my HIV-positive musical comedy web series, *Merce*. I take a moment to reflect on how full my life is. Full of creativity, friends, family, music, laughter, and joy. HIV wasn't invited to my party, but since she's here, I make that bitch dance!



< 8:34 PM: LONG BEACH, CALIFORNIA
Michael Buitron: The group hug at the end of Support Positive, a newly diagnosed drop-in group I've been doing at The LGBTQ Center Long Beach for six years. Two new participants today, along with new disclosures in a room full of non-judgmental, supportive peers.

8:39 PM: >
PORTLAND, OREGON
Benjamin Gerritz: At the Health Care for All Oregon board member retreat. Honored to serve as our statewide non-profit's elected volunteer vice president, working to advance creation of equitable access to universal, publicly funded health care covering everyone.



8:45 PM: >
BOSTON, MASSACHUSETTS
Christina: Movie Night with the kids. Twenty-three years ago, I never thought I would see today. HIV is no longer a death sentence. With treatment, I have been undetectable all these years and have been able to have children—all born negative—without passing the virus.



< 9:01 PM:
PETERBOROUGH, ONTARIO; CANADA
Brittany Cameron: Today we finally received our "U=U" t-shirts for tomorrow's Peterborough Pride parade.



< 9:47 PM:
NEW YORK, NEW YORK
Robert Suttle: To fight HIV stigma and the isolation it causes, I like to get out day or night and connect with other social communities or networks of people living with HIV.

Coming Saturday, September 22, 2018

A DAY WITH HIV

THE ANTI-STIGMA CAMPAIGN OF

