



# Indoor Training



**CAC - Lincoln Park**  
**1019 W. Diversey Pkwy**  
**773-529-2022**

(Select Dates)  
Feb 7 & 21, Mar 7 & 21  
Mondays @ 6:30pm

**CAC - Lakeview**  
**3212 N. Broadway Ave.**  
**773-529-2024**

Feb 3 - Mar 31  
Thurs @ 6:30pm  
Sun @ 11am (brunch to follow)

*Waiver must be signed to participate. Proof of full vaccination and masks are required in all CAC (no neck gators).*